

CB-BK WE2 2026: Session: 2: COACH evaluation sheet for TEAM: ZS

Coachinfo: Warming up from: 15:00 untill 15:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Meyers Sepp HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 1500M FREESTYLE MEN 17+ Heat:1, starttime: 16:56

Heat: 1/1 Lane : 1 Athlete: MATHIEU JACK Q-time: 17:13:57

PB (50m pool): 17:13.57 Antwerpen 27/07/2025 PB (25m pool): 17:05.38 SB: 18:00.98 Antwerpen 22/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.23	01:04.93	01:38.77	02:13.76	02:47.89	03:22.23	03:56.60	04:31.31
	00:31.23	00:33.70	00:33.84	00:34.99	00:34.13	00:34.34	00:34.37	00:34.71
								

	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	05:05.90	05:41.06	06:15.70	06:50.69	07:25.64	08:00.81	08:35.48	09:10.50
	00:34.59	00:35.16	00:34.64	00:34.99	00:34.95	00:35.17	00:34.67	00:35.02
								

	8 5 0 M	9 0 0 M	9 5 0 M	1 0 0 0 M	1 0 5 0 M	1 1 0 0 M	1 1 5 0 M	1 2 0 0 M
PB	09:45.00	10:19.90	10:54.40	11:29.40	12:03.68	12:38.64	13:12.94	13:47.95
	00:34.50	00:34.90	00:34.50	00:35.00	00:34.28	00:34.96	00:34.30	00:35.01
								

	1 1 5 0 M	1 3 0 0 M	1 3 5 0 M	1 4 0 0 M	1 4 5 0 M	1 5 0 0 M	
PB	14:22.30	14:57.30	15:32.46	16:07.67	16:41.69	17:13.57	
	00:34.35	00:35.00	00:35.16	00:35.21	00:34.02	00:31.88	
							

Coach feedback: